

Effective Student Habits & Study Skills

Freshman Seminar 2018-2019
Conard High School



Warm-Up

Take out a piece of lined paper and answer these two questions:

1. Which aspects of studying do you struggle with?
2. What comes easily?

“Pair-and-Share”

<https://www.youtube.com/watch?v=h9ven4N67i0>





Learning Objectives

- *Identify effective study strategies for different learning preferences*
- *Learn how different classes may require different preparation strategies*
- *Understand what characteristics “successful” students have in common*



Raise
your
hand if
you have
ever
studied
learning
styles in
the
past?

<https://www.youtube.com/watch?v=855Now8h5Rs&t=1s>



Learning Styles Preferences

- ❖ Visual
 - ❖ relate most effectively to written information, notes, diagrams and pictures
- ❖ Auditory
 - ❖ relate most effectively to the spoken word
- ❖ Tactile/Kinesthetic
 - ❖ prefer a hands-on approach, learning through touch and movement

Group Work-


Groups #1-3 will discuss strategies for different subjects based on the assigned learning preference.

Group #4 will list characteristics that successful students have in common.

1. Visual study strategies
2. Auditory study strategies
3. Kinesthetic study strategies
4. Characteristics of successful students



Visual Study Tips



Most effective



Least effective

- Create questions from your notes and quiz yourself on the material. Flashcards and retyping material is helpful.
- Draw pictures/concept maps to help understand information.
- Use color, charts, graphic organizers and read through material multiple times whenever possible.
- Write out/summarize your notes for frequent and quick overview.
- Highlight and underline key words in notes & readings.

Auditory Study Tips

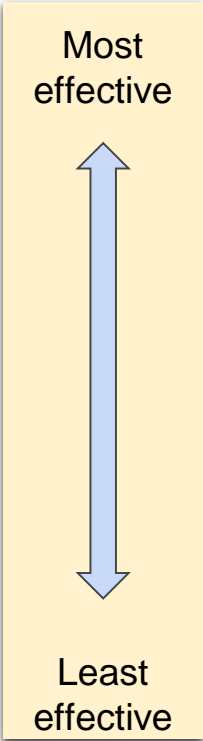
Most
effective



Least
effective

- Study with a partner- have them quiz you orally.
- Teach- explain what you are studying to someone else.
- Listen to audio books or watch/listen to videos online (Khan Academy) to supplement class lectures/text.
- Read/sing information to help you remember specific items.
- Speech to text/text to speech can assist with reading/writing assignments.
- Focus your attention on listening during a lecture. Take notes afterward or rely on printed notes.

Kinesthetic Study Tips



Most effective



Least effective

- Create quizzes- many times the process of creating the quiz helps you learn the information.
- Teach someone else the material- if you can teach someone else, you can apply the information on a test.
- Retype or rewrite your notes. Compose questions and summarize the answers.
- Take notes during lectures- don't just sit and listen
- Study for short periods of time and take (physical) breaks.
- Walk as you read your notes. Say them aloud.

What Materials Should I Use to Study?

- ★ *Study guides or review sheets*
- ★ *Previous quizzes for that unit*
- ★ *Homework and classwork*
- ★ *Review lab reports*
- ★ *Notes and Outlines*
- ★ *Flash Cards*
- ★ *Diagrams*
- ★ *Khan Academy & Quizlet*

“Insider Tips” by Subject

History/English-

- ❖ Make cheat sheets or flashcards when they are allowed
- ❖ Complete any graphic organizers or rough drafts before the assessment

Math/Science-

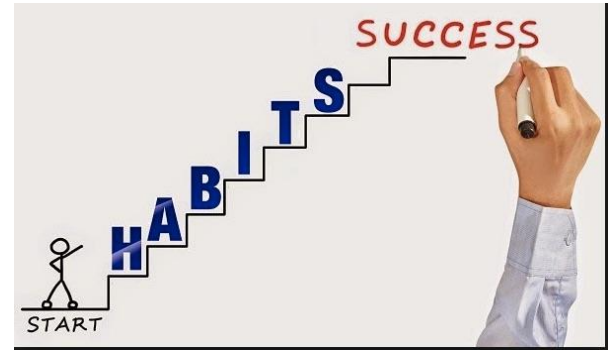
- ❖ Re-do problems that you got wrong on unit quizzes
- ❖ Complete the “optional” study guide!!!- Those types of questions will be on the assessment

World Language-

- ❖ Repetition! Speak it, read it, write it!
- ❖ Prepare for the assessment how it will be taken- oral/visual/written.

What Successful Students Do:

- ❖ Show up to class on time with the homework complete.
- ❖ Participate and ask questions in class.
- ❖ Use class time wisely.
- ❖ Organize notes and materials often.
- ❖ Have a positive outlook.
- ❖ Are open to feedback from teachers.
- ❖ Set goals and create a plan to achieve those goals.



Everyone can start doing this today!



Exit Ticket

List the study strategies that you will start using and explain why you think these strategies will work well for you.



Final Takeaways

- Attaching meaning to what you are studying is the most effective way to learn
- Spreading your studying sessions over multiple days is the most effective way to retain information
- Combining multiple learning strategies (visual/auditory/kinesthetic) will help you learn best
- Remember- successful students do well because of their diligence... not necessarily their intelligence!